



Caersws is an ideal place to start your racing career

"I've not done loads of races but for me that was one of the most enjoyable. fun track, good uplift, decent camping field and just a good vibe all weekend. Well worth the trip"  
J Scott - North Yorkshire

**English Downhill Championships**



NAKED RACING & BICYCLING NAKED RACING

Sunday 22<sup>nd</sup> August 2010



**TAG Heuer**

**Live Timing**

You are timed using the latest Tag Heuer timing equipment down to 1/10,000 second.

Event Information		Uplift & Race Dates 2010		TICK	
Situated in the heart of beautiful Mid-Wales between Newtown and Machynlleth The courses suit all abilities, The uplift service is renowned as the best in the country so plenty of time riding your bike. All riders must wear full face helmets You don't need a licence to race but British Cycling Ranking points are on offer for all BC licence holders. Double (Cat D) BC Ranking Points at English Champs. Uplift Saturday and racing on Sunday You can enter just the uplift day or just the race or both.		<b>Uplift</b>	<b>Sat 6<sup>th</sup> March</b>	<b>£25</b>	
		<b>Race Rd1</b>	<b>Sun 7<sup>th</sup> March</b>	<b>£30</b>	
		<b>Uplift</b>	<b>Sat 22<sup>nd</sup> May</b>	<b>£25</b>	
		<b>Race Rd2</b>	<b>Sun 23<sup>rd</sup> May</b>	<b>£30</b>	
		<b>Uplift</b>	<b>Sat 3<sup>rd</sup> July</b>	<b>£25</b>	
		<b>Race Rd3</b>	<b>Sun 4<sup>th</sup> July</b>	<b>£30</b>	
		<b>Uplift</b>	<b>Sat 21<sup>st</sup> August</b>	<b>£25</b>	
		<b>Race Rd4</b>	<b>Sun 22<sup>nd</sup> August</b>	<b>£30</b>	
		<b>Uplift</b>	<b>Sat 16<sup>th</sup> October</b>	<b>£25</b>	
		<b>Race Rd5</b>	<b>Sun 17<sup>th</sup> October</b>	<b>£30</b>	
		<b>Totals</b>			
RIDER DETAILS   please complete fully.		CATEGORY	AGE	TICK	
		At 31/12/ 2009			
First Name:		HARDTAIL*	12+		
Surname:		JUVENILE	12-14		
Club / Sponsor:		YOUTH	15-16		
BC Licence No (if applicable):		JUNIOR	17-18		
Address:		MASTER	30-39		
		VETERAN	40+		
		SENIOR	19-29		
County:		EXPERT	18+		
Postcode:		ELITE	18+		
Date of Birth:	Male or Female	<b>TOTAL ENTRY FEE</b>		<b>£</b>	
Tel No:		Pre-entries close Monday prior to race. Entry on the day surcharge: £5.00 Please supply name and address of cheque holder if different from competitor. Enclose a SAE if you require confirmation, map to site and Final race instructions. *All categories, with the <b>exception</b> of Hardtail collect British Cycling (BC) National Ranking Points for licence holders. **The English Championships carry <b>double</b> BC National Ranking Points.			
Email:					
Race No.					
If you have your 2010 number board. This number is used for the series points					
Any know medical conditions					
Emergency Contact Name & Number					
<b>Declaration</b>   Please read before signing I hereby apply to participate in the event(s) indicated above. I or my parent/guardian accept and agree that neither the organisers, nor their agents, officials, landowners, sponsors or fellow competitors shall be liable in any way, or in any circumstance for any damage or injury that I may suffer during, in connection with, or as a result of taking part in this event. I will abide by the rules of the series. I agree that I participate entirely at my own risk and that I must ride in a manner that is safe for myself and all others. I also declare that the cycle I will ride in this event is in good working order and properly maintained.					
SIGNED _____ Parent/Guardian (for entrants under 18 years)		PRINT NAME		DATE	
<b>Important: Please Post Race entries to:</b> Janet Brian, 5 Burnside Gardens, Meole Brace, Shrewsbury, Shropshire, SY3 9HH For Entry queries please ring Janet on tel: 01743 367172 no calls after 10pm please. Please make Cheques payable to "Nakedracing" <b>For all other enquires please phone or text Chris Roberts on 07702 826260 thank you.</b>					
ENTRY FORM IS INVALID WITHOUT SIGNED DECLARATION. NO ENTRIES ACCEPTED WITHOUT PAYMENT OR POST-DATED CHEQUES. RETURNED CHEQUES WILL INCUR £5.00 CHARGE. REFUND POLICY on www.nakedracing.com <b>YOUR SERIES RACE NUMBER IS ISSUED AT YOUR FIRST RACE AND COSTS £5.00, PLEASE BRING THIS NUMBER TO SUBSEQUENT RACES. YOUR NUMBER IS USED FOR RECORD YOUR SERIES POINTS</b> REPLACEMENT BOARDS WILL INCUR £5.00 CHARGE UNLESS RETURNED DAMAGED.					